

Palliative Care and Radiotherapy

22-24 October 2023 | Istanbul, Turkey, and online

A comprehensive overview of the use and effectiveness of palliative radiotherapy will be presented from an evidence-based perspective in a multidisciplinary framework with a strong emphasis on clinical case discussions.

A focus on both clinical, and ethical aspects alongside state-of-the-art radiotherapy.

Target group

This basic course is aimed primarily at both trainee and experienced radiation and medical oncologists who want an update of their clinical knowledge in palliative care and radiotherapy. And at RTTs and APs with a special interest in palliative care. Palliative care physicians, medical oncologists, specialist nurses, and others involved in the care of patients with advanced cancer are welcome to participate.

Course aim

In this course, a comprehensive overview of the use and effectiveness of palliative radiotherapy will be presented from an evidence-based perspective in a multidisciplinary framework with a strong emphasis on clinical case discussions. There will be a focus on both clinical and ethical aspects alongside state-of-the-art radiotherapy.

Learning outcomes

By the end of this course, participants should:

- Have knowledge of the principles of palliation, pain, and other symptom management, and indications for and effectiveness of palliative radiotherapy schedules
- Be aware of treatment-related side effects and outcome measures using evidence-based outcome tools
- Be able to discuss management of complex clinical cases in terms of quality of life and survival.

Course content

- Principles of palliation, oligometastasis
- Nature of cancer pain, physiology of pain
- Principles of pharmacological management
- Radiotherapy for pain: bone pain, soft tissue pain
- Holistic pain therapy: integration of RT/CT/pharmacology and non-pharmacological approaches
- Neurological complications: brain metastases - introduction and pharmacological management
- Management of solitary brain metastases
- Management of multiple brain metastases
- Malignant spinal metastasis, pathophysiology, diagnosis, and initial management
- Management of malignant spinal canal compression
- Other neurological complications: spinal nerve root compression and neuropathic pain management
- Care of the dying: different models of care
- Lung - NSCLC: palliative management
- Oligometastases and ablative therapy
- Liver: role of radiotherapy in palliation
- Palliative brachytherapy
- Practical application of research data in palliation.

ROADMAP

- ◆ RADIOTHERAPY TREATMENT PLANNING AND DELIVERY
- RADIATION ONCOLOGIST, MEDICAL PHYSICIST, RADIATION THERAPIST, OTHER SPECIALIST

COURSE DIRECTORS

Peter Hoskin (UK)
Yvette van der Linden (NL)

TEACHERS

Nicolaus Andratschke (CH)
Joanna Kazmierska (PL)
Johan Menten (BE)

WORKING SCHEDULE

The course starts on Sunday, 22 October at 09:00 and ends on Tuesday, 24 October 2023 at 13:00.

LANGUAGE

The course is conducted in English. No simultaneous translation will be provided.

COURSE ORGANISATION

For any further information, contact ESTRO Office (BE): Agnès Delmas, Project Manager, adelmas@estro.org, M +32 470 300 448

COURSE VENUE

RADISSON BLU HOTEL ISTANBUL, SISLI 19 Mayıs Street No 2 Sisli, Istanbul, 34360, Turkey

ACCOMMODATION

For more information, please contact ESTRO Office (BE): Agnès Delmas, Project Manager, adelmas@estro.org, M +32 470 300 448

TECHNICAL EXHIBITION

Companies interested in exhibition opportunities during this teaching course should contact Agnès Delmas, adelmas@estro.org, M +32 470300448



Prerequisites

Before commencing this course, you should have a basic understanding of radiotherapy and pharmacology and experience of caring for patients with advanced cancer.

Teaching methods

- Didactic lectures
- Case discussions
- Interactive session based on MCQ
- Slido exercise
- E-learning module

Methods of assessment

- Evaluation form

Key words

Palliative care, quality of life, evidence-based radiation oncology, pain, metastases

PARTICIPANTS SHOULD REGISTER ONLINE [HERE](#)

These pages offer the guarantee of secured online payments. The system will seamlessly redirect you to the secured website of OGONE (see www.ogone.be for more details) to settle your registration fee.

If online registration is not possible, please contact us.
ESTRO OFFICE: education@estro.org

Registration fees

Please check the early deadline date on our website.

Live course fees | Deadline: 26 July 2023

	EARLY FEE	LATE FEE
In-training members *	€ 400	€ 575
Members	€ 550	€ 675
Non-members	€ 700	€ 800

Online course fees | Deadline: 23 August 2023

	EARLY FEE	LATE FEE
In-training members *	€ 350	€ 600
Members	€ 400	€ 600
Non-members	€ 500	€ 600

*Radiation Therapist (RTT) members are eligible for the in-training fee.

The fee includes the course material, coffee breaks, lunches, and the social event.

REDUCED FEES are available for ESTRO members working in economically less competitive countries. Check the eligible countries and the selection criteria on the website [HERE](#)

ESTRO GOES GREEN Please note that the course material will be available online. No printed course book will be provided during the courses.

Advance registration and payment are required. On-site registration will not be available.

Since the number of participants is limited, late registrants are advised to contact the ESTRO office before payment, to inquire about availability of places. Access to homework and/or course material will become available upon receipt of full payment.

Insurance and cancellation

The organiser does not accept liability for individual medical, travel or personal insurance. Participants are strongly advised to take out their own personal insurance policies.

In case an unforeseen event would force ESTRO to cancel the meeting, the Society will reimburse the participants fully the registration fees. ESTRO will not be responsible for the refund of travel and accommodation costs.

In case of cancellation, full refund of the registration fee minus 15% for administrative costs may be obtained up to three months before the course and 50% of the fee up to one month before the course. No refund will be made if the cancellation request is postmarked less than one month before the start of the course.

the social event.

WWW.ESTRO.ORG/COURSES

